What is the lowest form of music?

From an amateur-ish standpoint, lowest form of music is something that, from a glimpse, sounds nothing like music at all. It's improvised, random sounds that people make with instruments, in some cases. In other cases - not even instruments and, yet, in rare cases - not even people. So there's no melody, no construction, no fluidity, how can this be music?
In a way, an amateur-ish view is **correct**. If we speak of free improvisation (among other improv sub-genres), then we really don't get any sort of construction, plan or rules. Musicians play their instruments however they feel like, with little to no sense of what they're doing. This is the lowest form of music as it takes the least effort. However, there still seems to be some skill involved in playing it.
In another way, an amateur-ish view is **incorrect**. Music that may sound random and dissonant may have a highly-complex background to it. If we speak of spectralism, there is technique and quite complex. I would recon the musicians playing it must have a high level of skill for their instrument in order to perform the pieces.
Regarding the list title from rateyourmusic.com, it veers towards the amateur, ironic view. Also, to increase the irony, the word – lowest is written in all caps.

The list: https://rateyourmusic.com/list/Karma_Idiot/the-lowest-form-of-music/